

KC PEACHES

EAT WELL ♥ LIVE WELL EAT WELL ♥ LIVE WELL



@KCPEACHES



FACEBOOK.COM/KCPEACHES



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KC PEACHES STAPLES

WHITE / GRANARY / SOURDOUGH / SODA BREAD €3.00

SERVED WITH ORGANIC PEANUT BUTTER / HOMEMADE JAM / BUTTER

KCP ORGANIC PIN HEAD PORRIDGE OATS €3.50

CHOICE OF TOPPINGS: FRESH POMEGRANATE SEEDS/ DRIED FRUIT & NUTS
COMPOTES: MIXED BERRY/RHUBARB & GINGER/SPICED APPLE

FRESH SEASONAL FRUIT €4.95

SERVED WITH GREEK ORGANIC YOGHURT & CRUNCHY GRANOLA

EGGS

TWO EGGS YOUR WAY SERVED WITH WHITE / GRANARY / SOURDOUGH TOAST €4.95

ADD SMOKED SALMON €1.50

ADD IRISH BACON €1.50

AVOCADO MASH ON SOURDOUGH TOAST WITH POACHED EGGS €6.95

THE FULL WORKS

STAFF PICK

KC PEACHES FULL IRISH €9.95

DOYLE'S SAUSAGES, IRISH BACON, TWO FREE RANGE EGGS COOKED TO YOUR LIKING, BLACK AND WHITE PUDDING, FRIED MUSHROOMS, BAKED BEANS, BRETZEL WHITE OR GRANARY TOAST

Americano / Tea included

THE VEGGIE SPLENDOUR €7.95

SLOW COOKED VINE CHERRY TOMATOES, FREE RANGE EGGS COOKED TO YOUR LIKING, PORTOBELLO MUSHROOMS, SAUTÉED POTATOES AND BRETZEL WHITE OR GRANARY TOAST

Americano / Tea included

BREAKFAST SANDWICHES

CHOOSE YOUR CONDIMENTS: BUTTER/KETCHUP/BALLYMALOE RELISH

HOME BAKED SAVOURY CROISSANT €3.80

HONEY BAKED HAM & HEGARTY'S CHEDDAR CHEESE

FRIED EGG SANDWICH €4.95

WITH FREE RANGE FRIED EGG, CHEDDAR CHEESE, SPICY KCP SALSA AND ROCKET SERVED ON TOASTED CIABATTA

STAFF PICK

GOURMET BREAKFAST ROLL €5.95

CIABATTA TOPPED WITH FREE RANGE SCRAMBLED EGGS, IRISH BACON, DOYLE'S PORK SAUSAGE AND SLOW ROAST TOMATOES

WEST COAST BAGEL €5.95

WRIGHTS OF HOWTH SMOKED SALMON, CAPERS, MIXED BABY LEAVES AND SOFT CREAM CHEESE ON A BAGEL

THE GOOD AUL SAUSAGE SAMBO €4.95

(TO TOAST OR NOT TO TOAST THAT IS THE QUESTION)

SAVOURY TREATS

€3.00

TRY OUR HOMEMADE SAUSAGE/VEGETARIAN ROLLS. MADE FRESH IN STORE EVERY DAY.

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SMOOTHIES MADE FRESH IN STORE EVERY DAY

TROPIC THUNDER

€4.50

BANANA, PINEAPPLE, MANGO, LEMON JUICE, MINT, ORANGE JUICE

CHIA IS VERY BERRY GOOD

MIXED BERRIES, CHIA SEEDS, ALMOND MILK

DETOX SMOOTHIE

AVOCADO, MANGO, SPINACH, KALE, MATCHA TEA, APPLE JUICE

DON'T MISS A BEAT

BEETROOT, RASPBERRIES, CARROT, GINGER, APPLE JUICE

BUSY BEE

BANANA, ESPRESSO, DARK CHOCOLATE, FROZEN YOGHURT, AGAVE, ALMOND MILK

BEVERAGES

COFFEE

	SMALL	MEDIUM	LARGE
DOUBLE ESPRESSO	€2.20	-	-
MACCHIATO	€2.40	-	-
FLAT WHITE	€3.00	-	-
AMERICANO	€2.60	€2.80	€3.10
LATTE	€3.00	€3.20	€3.70
CAPPUCCINO	€3.00	€3.20	€3.70

TEA - HOT CHOCOLATE

	SMALL	MEDIUM	LARGE
MATCHA LATTE	€3.20	€3.50	€4.00
CHAI LATTE	€3.50	€4.00	€4.50
HOT CHOCOLATE	€3.20	€3.60	€4.00
MOCHA	€3.50	€3.80	€4.30
COCOA CHAI	€3.50	€4.00	€4.50
CHOCOLATE CHOICES - MILK/DARK/WHITE			
IRISH BREAKFAST TEA	-	-	€2.00
JAVA GOURMET TEA	-	-	€2.50

COLD

ICED AMERICANO	€3.50
ICED MOCHA	€4.00
ICED LATTE	€3.50
ICED CHAI	€4.00
GREEN BEARD COLD PRESSED JUICE	€4.95
FRESH OJ	€3.00

LOCAL, NATURAL, SEASONAL,
NO ADDITIVES, NO COLOURINGS,
NO PRESERVATIVES

PROVIDING NOURISHMENT BY NATURE