

KC PEACHES

WHOLE

FOOD

SPECIALIST



NATURAL & SEASONAL
AFFORDABLE
SUSTAINABLE

LOCALLY
SOURCED

TAG US ON INSTAGRAM
@KCPEACHESDUBLIN
#EATWELLLIVWELL

Lunch Menu

ALL KCP SALADS ARE MADE AND TOSSED TO YOUR LIKING -
SO DON'T BE SHY SALADS ARE SERVED WITH BREAD UPON REQUEST.

KC PEACHES CLUB

DOUBLE DECKER! CHICKEN, BACON, TOMATOES,
CHEDDAR, GREENS, PESTO MAYO & MIXED BABY
GREENS

SANDWICH OUT €6.25 | IN €6.75
SALAD OUT €7 | IN €7.5

KALE & COS ROAST CHICKEN CAESAR

ROAST CHICKEN, PARMESAN CHEESE, SUN-DRIED &
CHOPPED PLUM TOMATOES, CROUTONS, HOMEMADE
CAESAR DRESSING, KALE & COS ROMAINE

SANDWICH OUT €5.5 | IN €6
SALAD OUT €6.5 | IN €7

SPICY LARDER

ROAST CHICKEN, GUBBEEN CHORIZO, FRESH
MOZZARELLA, HOMEMADE SUNDRIED TOMATO
PESTO, ROAST TOMATOES, SPICY PICKLED
CHILLIES & BABY SPINACH

SANDWICH OUT €6.5 | IN €7
SALAD OUT €8.5 | IN €9

THE HUMMER (V)

HOMEMADE SPICY CHICKPEA & BUTTERBEAN
HUMMUS, FIRED RED PEPPERS, ROAST TOMATOES,
AVOCADO, BABY GREENS, KALE & A CARROT-
CILANTRO DRESSING

SANDWICH OUT €5.5 | IN €6
SALAD OUT €6 | IN €6.5

SAN DIEGO (V)

KIDNEY BEANS, MATURE CHEDDAR, HOMEMADE SALSA,
OLIVES, CHOPPED TOMATOES, SWEETCORN, ROMAINE
& CHIPOTLE MAYO

SANDWICH OUT €5.5 | IN €6
SALAD OUT €5.5 | IN €6

COBB

ROAST CHICKEN, MC CARRENS STREAKY BACON,
FREE RANGE EGG, TOMATO, AVOCADO, CASHEL BLUE
CHEESE, BABY GREENS & AN HERB RANCH DRESSING

SANDWICH OUT €6.25 | IN €6.75
SALAD OUT €8 | IN €8.5

STEAKHOUSE

RUBBED IRISH BEEF, BABY GREENS, ROAST TOMATOES,
CAMELISED ONIONS, CHEDDAR CHEESE &
HORSERADISH & SCALLION RANCH

SANDWICH OUT €6 | IN €6.5
SALAD OUT €6 | IN €6.5

HAM & CHEESEY

HOME ROAST HAM, BRIE CHEESE, HONEY MUSTARD
DRESSING, BABY SPINACH, CAMELIZED ONIONS,
BALLYMALOE RELISH

SANDWICH OUT €5 | IN €5.5

AVOCADO DO YOU GOOD

ROAST CHICKEN, AVOCADO MASH, HONEY
MUSTARD DRESSING, MIXED SEASONAL TOMATOES
& BABY SPINACH

SANDWICH OUT €6.5 | IN €7
SALAD OUT €8 | IN €8.5

BLAT

BACON, LETTUCE, AVOCADO & TOMATOES

SANDWICH OUT €5.5 | IN €6
SALAD OUT €6.5 | IN €7

ITALIAN STALLION (V)

HOMEMADE BASIL PESTO, FRESH MOZZARELLA,
PLUM TOMATOES, ROCKET

SANDWICH OUT €6 | IN €6.5
SALAD OUT €7.5 | IN €8

TUNA MELT

MATURE CHEDDAR, TUNA MIXED WITH FRESH DILL,
MAYO & A TOUCH OF LEMON TOASTED
TO PERFECTION

SANDWICH OUT €5 | IN €5.5

CHOOSE YOUR BREAD!

BRETZEL BAKERY & YELLOW DOOR WHITE BREAD
COUNTRY STORE GRANARY BREAD CIABATTA
WHEAT BAP WRAP.

*We use local suppliers where possible.
All of our meats are 100% Irish from farm to fork.*

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WHOLE

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BASE (GREENS OR BREAD BASE)

BREADS

BRETZEL WHITE BREAD
YELLOW DOOR WHEAT BAP
BRETZEL COUNTRY STORE
BRETZEL GRANARY BREAD
BRETZEL CIABATTA
BRETZEL BAGUETTE
WRAP (NOT WHOLEFOODS)
KCP HOMEMADE SODA.

GREENS

MIXED BABY GREENS
ROCKET
BABY SPINACH
ROMAINE
KCP MIXED GREENS

DRESS IT ADD 30C

HOUSE-MADE SUN-DRIED TOMATO PESTO
HOUSE-MADE OLIVE TAPENADE
HOUSE-MADE BASIL PESTO
ALL NATURAL KETCHUP
HELLMAN'S FREE RANGE EGG MAYO
HOUSE-MADE KCP SPICY SALSA

Lunch Menu

WE OFFER A LARGE RANGE OF FRESH RAW INGREDIENTS, TASTY HOUSE-ROASTED MEATS, HOT SPECIALTIES, HOUSE-MADE SPREADS & DRESSINGS, ARTISAN CHEESES & BREADS - AND OF COURSE - NO NAUGHTIES! WE SAVE THE BAD STUFF FOR THE CHAINS AND ONLY KEEP WHAT'S NICE & PURE

MAKE YOUR OWN GOURMET SALAD OR SANDWICH

LETTUCE OR BREAD BASE FILLED WITH A SELECTION OF SPREADS, DRESSINGS, CHEESE, KC PEACHES COOKED MEATS OR VEGGIES. SALADS SERVED WITH BREAD UPON REQUEST.

Salad

CHOICE OF GREENS WITH SPREAD OR DRESSING
1 SURF & TURF + 2 BASICS OR 2 ADDITIONS + 2 BASICS
IN €7.15 | OUT €6.50

A SUPPLEMENT OF .80C WILL BE ADDED FOR FLANK STEAK OR SALMON

Sandwich

CHOICE OF BREAD WITH SPREAD OR DRESSING
1 SURF & TURF + 2 BASICS OR 2 ADDITIONS + 2 BASICS
IN €5 | OUT €4.55

A SUPPLEMENT OF .80C WILL BE ADDED FOR FLANK STEAK OR SALMON

THE BASICS ADD 30C

SEASONAL APPLE
FRESH BASIL
BROCCOLI
CARROTS
CELERY
CORN
FRESH CORIANDER
KCP CROUTONS

CUCUMBERS
FREE RANGE EGG
HOUSE-MADE
HUMMUS
KIDNEY BEANS
MIXED GREENS
BLACK OLIVES
RED ONION

ROASTED RED ONION
ROCKET
HOME-MADE,
WIDE-CUT SLAW
BABY SPINACH
VINE TOMATOES

GOURMET ADDITIONS ADD 80C

AVOCADO
SLOW ROASTED
HERBED TOMATOES
SUN-DRIED TOMATOES
ROASTED RED
PEPPERS
SEED MIX

ALMONDS
GRILLED PORTOBELLO
MUSHROOMS
CHEESES
CASHEL BLUE CHEESE
FRESH MOZZARELLA
SHAVED PECORINO

BRIE
FETA
MATURE CHEDDAR
EMMENTAL
GOAT CHEESE
SEASONAL CHEESES

SURF & TURF ADD €1.25 UNLESS LISTED

DOLPHIN-FREE TUNA
MIXED WITH FRESH DILL,
LEMON & MAYO
MAPLE ROASTED HAM
CHICKEN BREAST
DOYLE'S STREAKY BACON

BACON*
GUBBEEN CHORIZO*
GRILLED FLANK STEAK
GUBBEEN SALAMI*

*SOME OF OUR LOCAL CURED MEATS
CONTAIN NITRATES

SUSTAINABLY FARMED
SALMON FILLET €2
SMOKED SALMON €2

HOUSE-MADE DRESSINGS
KCP BALSAMIC VINAIGRETTE
HONEY MUSTARD DRESSING
HERB RANCH
CASHEL BLUE CHEESE

DRESSING/SPREAD
SPICY CHIPOTLE MAYO
CAESAR DRESSING